



THE VILLAGE
INTERNATIONAL SCHOOL
"We Nurture Dreams"

QUESTION BANK

Grade 1 – EVS

CHAPTER 6 – HEALTHY HABITS

QUESTIONS

- 1. Why should we keep clean?**
- 2. Why should we wash our hands before eating meals?**
- 3. Why should we rinse our mouth after eating?**
- 4. How many times a day should we brush our teeth?**
- 5. How should we keep our hands clean?**
- 6. Why should we take bath daily?**
- 7. Why should we follow good habits?**
- 8. Why should we play outdoors every day?**
- 9. Write two good habits while eating food.**
- 10. Write two good habits on road.**
- 11. How should you behave with your elders and teachers?**
- 12. What is a habit?**
- 13. What should we say when we come to school?**
- 14. What should we say when someone gives us something?**
- 15. What should we say when we do some mistake?**
- 16. What should we say when we sneeze or cough?**
- 17. What should we say when we request for something?**
- 18. What should we say when we go to bed at night?**
- 19. When should we get up in the morning?**

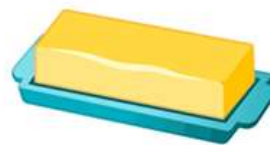
Food We Eat

Circle the odd one out.

1.	apple	radish	banana
2.	mango	orange	potato
3.	onion	paneer	curd
4.	pasta	milk	noodles
5.	rice	wheat	rose

Identify the following food and write their names.

vegetables, milk, egg, fruits, butter, cheese



F) Colour the healthy foods.



